



# Welcome to BeWell

**ENABLED** by employers.

**EMPOWERING** employees.

Tired of taking the whole day off work just to see a doctor? Had enough of those endless queues at the bus stop, taxi rank or clinic? Sick of surprise bills after seeing a doctor?

Your employer understands what you have to go through to get the care you need. They know that without access to quality private healthcare, you're being held back. They want to change all that by bringing you **BeWell, a healthcare plan that connects you to quality care, quickly and conveniently**. And they'll be **paying for your plan in full!**

Because **BeWell** changes everything.

**BeWell** brings you **unlimited, instant access to telemedicine, via a WhatsApp chat** with qualified nurses. If needed, they'll refer you to a network of over **3 400 private doctors** for an in-person consultation. You'll also be able to access over **8 000 healthcare providers**, and over **3 500 pharmacies**, right across SA.

With **BeWell** they have access to care without delay or hidden fees that hurt. And no nasty surprises! **BeWell** brings you **quick, connected, quality care with costs covered** by your employer.

So that you can be well, be at your best – for yourself, your family and your employer. *It can be.*



Standard Bank **IT CAN BE™**

# What benefits are covered

## BEWELL 103

### Nurse and GP chats

Available 08:00 - 16:30

Immediate access, from home or work, to one of our qualified nurses or doctors via WhatsApp

### GP visits

Available 08:00 - 16:30

On referral, immediate unlimited visits to one of our GPs, if needed

### Acute medicines

Medicine for short-term illnesses

Prescribed by our doctors and collected at any of our pharmacies nationwide, including MediRite, Clicks, Dis-Chem, Pick n Pay Pharmacy or a dispensing GP

### Chronic medicines

Medicine for long-term, lifelong diseases

From an approved list of 26 chronic conditions, prescribed by our doctors and collected at any of our pharmacies nationwide

### Pathology

Blood and other tests to find the cause of a disease

Basic list of pathology tests

Blood tests through our pathology network when requested by one of our GPs

### Radiology

X-rays to find the cause of a disease or injury

Basic list of radiology tests

Specialised radiology like MRI and CT scans aren't covered

### Dentistry

Through our dental network

Basic dental benefit, including 2 full check-ups, cleaning, extractions, fillings, and basic pain relief treatment each year for each member

### Optometry

Through our optometry network

1 eye test and 1 pair of clear standard single vision lenses with a standard frame for each member every 2 years

### HIV

HIV ELISA screening blood test

### Maternity

2 x 2D scans per pregnancy

### Flu vaccination

One per member each year, at a MediRite, Clicks, Dis-Chem or Pick n Pay Pharmacy clinic

### Health assessment

1 test per member each year (includes a blood pressure, cholesterol and blood sugar finger prick test, and body mass index (BMI) screening)

### 24/7 Telephonic EAP benefits

0860 222 286

Unlimited 24/7 telemedicine counselling and advice

- Personal health advisor
- Trauma counselling
- Credit & debt assist
- Legal assist

[And there's more >](#)

# Meet Unu

The health management platform that empowers you to own your health.

With the Unu app you get



**a health check-up**

Chat instantly to a nurse or doctor and get a script

**a health record**

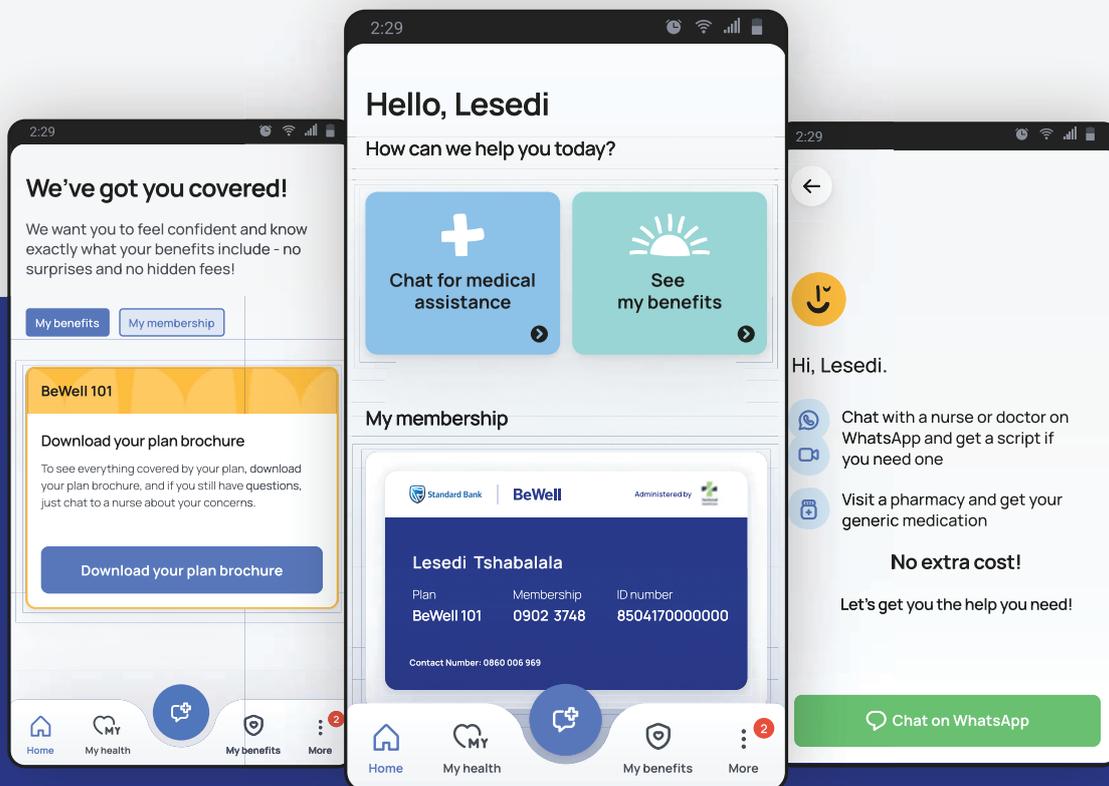
Carry and share your medical records

**a health score**

Track your health with trusted tips

**a benefits tracker**

View and track your benefit



BeWell and Unu work together to **empower you to own your health**, giving you **direct access to telemedicine**, along with a **BeWell membership number**, a personalised health score, a comprehensive **health record**, and targeted **health content and tips**.

**Unu. Healthcare that makes you smile.**



## You can also make use of our Employee Assistance Programme (EAP)

You'll have access to these value-added benefits 24/7:



### Personal health advisor

Unlimited access to qualified nurses for healthcare advice and referral



### Legal assist

Access to qualified in-house attorneys via advice line



### Credit and debt assist

Full range of debt management & financial planning services through education, guidance & advice



### Trauma counselling

Unlimited access to qualified nurses for trauma debriefing and referral

Just follow **three easy steps** to access these **EAP** benefits

01

Call 0860 222 286

02

Select a benefit

SELECT **1** for personal health advisor

SELECT **2** for trauma counselling

SELECT **3** for credit & debt assist

SELECT **4** for legal assist

SELECT **5** to listen to all options again

03

Once you've selected an option, you'll be asked for your **name & surname, ID number and contact number**

Once you're verified, we'll ask you **further questions** so we can find out exactly what you need



# How it works



You'll receive a **welcome SMS** - just click on the **link to activate your BeWell membership on the Unu app**



Click on the **'Chat for medical assistance'** button on the Unu app to initiate a **chat with a nurse**



Chat to a **GP** & get a **prescription or referral for tests** if needed



Pick up your **meds** at a nearby **pharmacy**



**Get better** & back on your feet – with no queues, no surprises and no hidden costs!



And there's more...

# BeWell. Be at your best.

Powered by Standard Bank.

Serviced by National HealthCare Group.



Standard Bank **IT CAN BE™**

## GENERAL INFO

### Network support

National HealthCare Group (NHG) providers with a nationwide footprint

### Contact

0860 006 969

[bewellcc@nationalhealthcare.co.za](mailto:bewellcc@nationalhealthcare.co.za)

[standardbank.co.za/bewell](http://standardbank.co.za/bewell)



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